

Category **Ind Under 11 Male-A**
Competitors **5**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	150	KIHELI Rayane NTC	GBR	6.12	3.45	2.67
2	210	SOBIECKI Edward Unite Martial Arts Academy	GBR	6.02	3.44	2.59
3	116	WAN Ethan GAJOK Taekwondo Academy	GBR	5.96	3.44	2.52
4	225	CASAFLANG Christian Win Taekwondo Academy	GBR	5.55	3.15	2.40
5	53	SHAKER Safiullah London Taekwondo Academy	ENG	4.67	2.57	2.10

Category **Ind Under 11 Female-A**
Competitors **7**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	115	SMITH Bethany GAJOK Taekwondo Academy	GBR	6.80	3.92	2.89
2	194	KIRLEW Brooke Team Ultimate	GBR	6.32	3.77	2.55
3	85	NEWBY Evie Boston	GBR	6.12	3.67	2.45
4	127	SAU Ellie Loughton Taekwondo	GBR	5.94	3.57	2.37
5	57	HOLLY Clark Total Taekwondo	ENG	5.42	3.35	2.07
6	176	SMITH Victoria Premierki Taekwondo Club	GBR	5.12	3.19	1.94
7	120	QUIGLEY Rosie Horizon Taekwondo Academy	GBR	4.92	3.12	1.80

Category **Ind Under 14 Male-A**
 Competitors **22**
 Class **A**

1

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	134	EXTON Louis Nomad Taekwondo	GBR	6.94	4.10	2.84
2	28	NG Lucas Kang Han Taekwondo	ENG	6.70	3.90	2.80
3	185	ABIDIN Faiz Shins Academy	GBR	6.57	3.90	2.67
4	224	CASACLANG Gabriel Win Taekwondo Academy	GBR	6.51	3.92	2.59
5	114	OWEN Kieran GAJOK Taekwondo Academy	GBR	6.50	3.85	2.65
6	126	SAU James Loughton Taekwondo	GBR	6.29	3.70	2.59
7	22	BRAZIER Tyler Kang Han Taekwondo	ENG	6.22	3.69	2.53
8	47	QOREISHI Bahram London Taekwondo Academy	ENG	6.20	3.69	2.52
9	220	OWEN Daniel Warrior Taekwondo	GBR	6.15	3.65	2.50
10	130	AKINRELE Akinfolajinmi Nomad Taekwondo	GBR	6.05	3.65	2.40
11	186	MA Taufiq Shins Academy	GBR	5.96	3.54	2.42
12	168	VOILLEMONT-CHOI Jean-Francois Phoenix Taekwondo	GBR	5.96	3.53	2.43
13	149	EVERINGTON Nathan NTC	GBR	5.89	3.52	2.37
14	175	SIMPSON Kye Premierki Taekwondo Club	GBR	5.77	3.45	2.32
15	142	NKANSAH Kayden Nomad Taekwondo	GBR	5.74	3.45	2.29
16	52	SHAKER Mohammad Yusuf London Taekwondo Academy	ENG	5.67	3.38	2.29

Category **Ind Under 14 Male-A**
Competitors **22**
Class **A**

1

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	83	HATTRELL Thomas Boston	GBR	5.45	3.28	2.17
18	90	HOOPER Noah Dorset TKD	GBR	5.44	3.22	2.22
19	34	DILDAR Yaqoob London Taekwondo Academy	ENG	5.23	3.27	1.97
20	55	TANG Lukas London Taekwondo Academy	ENG	5.12	3.14	1.99
21	180	SWAMY Ashwin Putney Taekwondo Club	GBR	4.32	2.75	1.57

Category **Ind Under 14 Male-A**
 Competitors **22**
 Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	134	EXTON Louis Nomad Taekwondo	GBR	7.31	4.17	3.14
2	28	NG Lucas Kang Han Taekwondo	ENG	6.58	3.87	2.72
3	224	CASACLANG Gabriel Win Taekwondo Academy	GBR	6.52	3.85	2.67
4	220	OWEN Daniel Warrior Taekwondo	GBR	6.49	3.80	2.69
5	185	ABIDIN Faiz Shins Academy	GBR	6.44	3.77	2.67
6	22	BRAZIER Tyler Kang Han Taekwondo	ENG	6.42	3.74	2.68
7	114	OWEN Kieran GAJOK Taekwondo Academy	GBR	6.35	3.72	2.64
8	47	QOREISHI Bahram London Taekwondo Academy	ENG	6.17	3.60	2.57
9	126	SAU James Loughton Taekwondo	GBR	6.14	3.60	2.54
10	186	MA Taufiq Shins Academy	GBR	6.07	3.54	2.54
11	130	AKINRELE Akinfolajinmi Nomad Taekwondo	GBR	6.04	3.54	2.50

Category **Ind Under 14 Male-A**
 Competitors **22**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	134	EXTON Louis Nomad Taekwondo	GBR	7.15	4.12	3.03
2	28	NG Lucas Kang Han Taekwondo	ENG	6.77	3.95	2.82
3	224	CASACLANG Gabriel Win Taekwondo Academy	GBR	6.62	3.85	2.77
4	220	OWEN Daniel Warrior Taekwondo	GBR	6.29	3.70	2.59
5	185	ABIDIN Faiz Shins Academy	GBR	6.15	3.64	2.52
6	22	BRAZIER Tyler Kang Han Taekwondo	ENG	5.99	3.57	2.42
7	114	OWEN Kieran GAJOK Taekwondo Academy	GBR	5.95	3.55	2.40
8	47	QOREISHI Bahram London Taekwondo Academy	ENG	5.82	3.47	2.35

Category **Ind Under 14 Female-A**
 Competitors **25**
 Class **A**

1

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	157	WILSON Cuba NTC	GBR	7.12	4.15	2.97
2	111	LAWLER Niamh GAJOK Taekwondo Academy	GBR	6.87	4.00	2.87
3	191	CO Evie Stevenage Taekwondo	GBR	6.65	3.83	2.82
4	139	KELLY Sun-Yi Nomad Taekwondo	GBR	6.57	3.89	2.69
5	29	SMITH Mia Kang Han Taekwondo	ENG	6.57	3.84	2.74
6	60	BANNON Erin Unite Formby	ENG	6.47	3.85	2.62
7	146	CALE Mae NTC	GBR	6.47	3.80	2.67
8	136	HO Vi Ha Nomad Taekwondo	GBR	6.46	3.82	2.64
9	137	HOANG Kaitlin Nomad Taekwondo	GBR	6.40	3.75	2.65
10	138	JACKSON Elora Nomad Taekwondo	GBR	6.35	3.75	2.60
12	67	JOKHOO Sumayyah Ali's Dojang	GBR	6.28	3.70	2.58
11	135	GNANAPRAGASAM Keira Nomad Taekwondo	GBR	6.28	3.70	2.58
13	152	PEARCE-KIRK Millie-Ann NTC	GBR	6.17	3.70	2.47
14	58	NAOMI Lam Total Taekwondo	ENG	6.15	3.73	2.42
15	201	PENALUNA Kaya Tuji Taekwondo	GBR	6.15	3.67	2.49
16	197	BLASCO KYUN Olivia Tuji Taekwondo	GBR	6.10	3.59	2.52

Category **Ind Under 14 Female-A**
 Competitors **25**
 Class **A**

1

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	167	VOILLEMONT-CHOI Claire Phoenix Taekwondo	GBR	6.04	3.57	2.47
18	45	PETCU Larysa Andreea London Taekwondo Academy	ENG	5.99	3.55	2.44
19	147	DECELIS Elissa NTC	GBR	5.98	3.60	2.38
20	211	TAYLOR Eva Unite Martial Arts Academy	GBR	5.97	3.59	2.39
21	124	PARK Jisu Loughton Taekwondo	GBR	5.86	3.49	2.37
22	208	MICUNOVIC Maya UK Martial Arts&Fitness Academy	GBR	5.84	3.54	2.30
23	183	JOWETT Abigail Quest Taekwondo Hull	GBR	5.84	3.49	2.35
24	61	SMYTH Katie Central Taekwondo Academy	SCO	5.77	3.54	2.23
25	181	ASTBURY Tamzin Quest Taekwondo Hull	GBR	5.73	3.47	2.27

Category **Ind Under 14 Female-A**
 Competitors **25**
 Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	111	LAWLER Niamh GAJOK Taekwondo Academy	GBR	7.17	4.14	3.04
2	157	WILSON Cuba NTC	GBR	6.97	4.10	2.87
3	139	KELLY Sun-Yi Nomad Taekwondo	GBR	6.83	3.92	2.92
4	146	CALE Mae NTC	GBR	6.57	3.89	2.68
5	136	HO Vi Ha Nomad Taekwondo	GBR	6.57	3.84	2.74
6	191	CO Evie Stevenage Taekwondo	GBR	6.55	3.85	2.70
7	29	SMITH Mia Kang Han Taekwondo	ENG	6.55	3.82	2.74
8	137	HOANG Kaitlin Nomad Taekwondo	GBR	6.52	3.84	2.69
9	60	BANNON Erin Unite Formby	ENG	6.47	3.85	2.62
10	138	JACKSON Elora Nomad Taekwondo	GBR	6.38	3.77	2.62
11	67	JOKHOO Sumayyah Ali's Dojang	GBR	6.34	3.70	2.64
12	152	PEARCE-KIRK Millie-Ann NTC	GBR	6.25	3.75	2.50
13	135	GNANAPRAGASAM Keira Nomad Taekwondo	GBR	5.94	3.60	2.34

Category **Ind Under 14 Female-A**
 Competitors **25**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	157	WILSON Cuba NTC	GBR	7.30	4.20	3.10
2	111	LAWLER Niamh GAJOK Taekwondo Academy	GBR	7.29	4.19	3.10
3	139	KELLY Sun-Yi Nomad Taekwondo	GBR	7.02	4.00	3.02
4	137	HOANG Kaitlin Nomad Taekwondo	GBR	6.85	3.93	2.92
5	191	CO Evie Stevenage Taekwondo	GBR	6.76	3.87	2.89
6	29	SMITH Mia Kang Han Taekwondo	ENG	6.60	3.83	2.77
7	136	HO Vi Ha Nomad Taekwondo	GBR	6.60	3.79	2.82
8	146	CALE Mae NTC	GBR	6.49	3.77	2.72

Category **Ind Under 17 Male-A**
 Competitors **13**
 Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	171	HARPER Alfie Premierki Taekwondo Club	GBR	7.17	4.12	3.05
2	76	TORLEY Zaw Arumchan Korea	GBR	7.10	4.10	3.00
3	144	YU Jia Hao Nomad Taekwondo	GBR	6.50	3.72	2.79
4	178	CLARKE Sky Putney Taekwondo Club	GBR	6.41	3.64	2.77
5	14	LEE KATZ Harper Bozdag Taekwondo	ENG	6.36	3.59	2.77
6	109	CAIG Benjamin GAJOK Taekwondo Academy	GBR	6.16	3.57	2.59
7	203	SIVYER Charlie Tuji Taekwondo	GBR	5.80	3.32	2.49
8	33	DHAP Neal London Taekwondo Academy	ENG	5.28	3.13	2.15
9	117	ANDERSON Lucas Granite City Taekwondo	GBR	5.17	3.09	2.09
10	218	MAXFIELD Lewis Warrior Taekwondo	GBR	5.17	3.07	2.10
11	105	MOTT Ethan Fighting Fit Taekwondo Wales	GBR	5.07	3.03	2.04
12	195	PERCIVAL Luke Team Ultimate	GBR	4.80	2.90	1.90

Category **Ind Under 17 Male-A**
 Competitors **13**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	171	HARPER Alfie Premierki Taekwondo Club	GBR	7.14	4.12	3.02
2	76	TORLEY Zaw Arumchan Korea	GBR	6.95	4.10	2.85
3	144	YU Jia Hao Nomad Taekwondo	GBR	6.57	3.88	2.69
4	178	CLARKE Sky Putney Taekwondo Club	GBR	6.37	3.73	2.64
5	14	LEE KATZ Harper Bozdag Taekwondo	ENG	6.30	3.70	2.60
6	109	CAIG Benjamin GAJOK Taekwondo Academy	GBR	6.06	3.53	2.53
7	203	SIVYER Charlie Tuji Taekwondo	GBR	5.74	3.35	2.39
8	33	DHAP Neal London Taekwondo Academy	ENG	5.29	3.25	2.04

Category **Ind Under 17 Female-A**
 Competitors **22**
 Class **A**

1

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	21	BEARD Adrianna Kang Han Taekwondo	ENG	7.04	4.19	2.85
2	112	MACKAY Ruby GAJOK Taekwondo Academy	GBR	7.02	4.12	2.90
3	231	FUNG Yu Wai Lisburn Taekwondo Club	NIR	6.89	4.05	2.84
4	113	MCGEOCH Olivia GAJOK Taekwondo Academy	GBR	6.75	3.99	2.77
5	125	PARK Soyoun Loughton Taekwondo	GBR	6.68	3.92	2.77
6	141	MARSHALL Renee Nomad Taekwondo	GBR	6.54	3.87	2.67
7	122	BURGIN Grace Jinhaeng Taekwondo	GBR	6.37	3.80	2.57
8	97	WILKES Leah Dorset TKD	GBR	6.24	3.84	2.40
9	92	KINGSTON-DAVIES Nicole Dorset TKD	GBR	6.05	3.77	2.28
10	1	BURHANUDIN Nur Best Leg Taekwondo Academy	ENG	6.03	3.70	2.33
11	133	CULVER Hannah Nomad Taekwondo	GBR	5.89	3.64	2.25
12	80	PRINCE Carys Aspire Taekwondo	GBR	5.87	3.62	2.25
13	196	BLASCO KYUN Hannah Tuji Taekwondo	GBR	5.85	3.70	2.15
14	148	DRAKE Indi NTC	GBR	5.82	3.55	2.27
15	24	MUZEJA Ashleigh Kang Han Taekwondo	ENG	5.55	3.42	2.13
16	101	JONES Seren Fighting Fit Taekwondo Wales	GBR	5.47	3.45	2.02

Category **Ind Under 17 Female-A**
Competitors **22**
Class **A**

1

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	132	BELALIA Manel Nomad Taekwondo	GBR	5.45	3.40	2.05
18	84	JADELO Joana Boston	GBR	5.31	3.27	2.04
19	100	COX Mikala Fighting Fit Taekwondo Wales	GBR	5.03	3.25	1.78
20	165	PEARSON Natasha Phoenix Taekwondo	GBR	4.83	3.18	1.65
21	160	GORSUCH Madison Phoenix Taekwondo	GBR	4.49	3.05	1.44

Category **Ind Under 17 Female-A**
 Competitors **22**
 Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	112	MACKAY Ruby GAJOK Taekwondo Academy	GBR	7.30	4.24	3.07
2	21	BEARD Adrianna Kang Han Taekwondo	ENG	7.24	4.15	3.09
3	231	FUNG Yu Wai Lisburn Taekwondo Club	NIR	7.16	4.12	3.04
4	113	MCGEOCH Olivia GAJOK Taekwondo Academy	GBR	6.94	4.04	2.90
5	141	MARSHALL Renee Nomad Taekwondo	GBR	6.94	4.04	2.90
6	125	PARK Soyoun Loughton Taekwondo	GBR	6.80	3.95	2.85
7	122	BURGIN Grace Jinhaeng Taekwondo	GBR	6.73	3.95	2.78
8	1	BURHANUDIN Nur Best Leg Taekwondo Academy	ENG	6.65	3.82	2.84
9	92	KINGSTON-DAVIES Nicole Dorset TKD	GBR	6.57	3.78	2.79
10	97	WILKES Leah Dorset TKD	GBR	6.50	3.80	2.70
11	133	CULVER Hannah Nomad Taekwondo	GBR	6.07	3.55	2.52

Category **Ind Under 17 Female-A**
 Competitors **22**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	112	MACKAY Ruby GAJOK Taekwondo Academy	GBR	7.05	4.22	2.83
2	21	BEARD Adrianna Kang Han Taekwondo	ENG	6.82	4.15	2.67
3	231	FUNG Yu Wai Lisburn Taekwondo Club	NIR	6.72	3.99	2.73
4	113	MCGEOCH Olivia GAJOK Taekwondo Academy	GBR	6.67	3.99	2.69
5	141	MARSHALL Renee Nomad Taekwondo	GBR	6.53	3.93	2.60
6	125	PARK Soyoun Loughton Taekwondo	GBR	6.30	3.85	2.45
7	122	BURGIN Grace Jinhaeng Taekwondo	GBR	6.12	3.80	2.32
8	1	BURHANUDIN Nur Best Leg Taekwondo Academy	ENG	6.12	3.75	2.37

Category **Ind Under 30 Male-A**
 Competitors **20**
 Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	230	ONTOY Nino Manx Taekwondo	IMN	7.00	4.15	2.85
2	131	AKINRELE Oluwatimilehin Nomad Taekwondo	GBR	6.87	4.10	2.77
3	73	BARRETT James Arumchan Korea	GBR	6.57	4.00	2.57
4	89	AHNSTROM Tom Dorset TKD	GBR	6.45	3.93	2.52
5	163	PEARSON James Phoenix Taekwondo	GBR	6.35	3.92	2.44
6	81	WILSON Corey Blade Taekwondo GBR	GBR	6.25	3.87	2.38
7	106	WHITE Ryan Fighting Fit Taekwondo Wales	GBR	6.19	3.90	2.29
8	74	GANIR Vergil Arumchan Korea	GBR	6.19	3.85	2.34
9	44	PATEL Chaneil London Taekwondo Academy	ENG	5.95	3.73	2.22
10	154	WALKER William NTC	GBR	5.90	3.70	2.20
11	69	PARCHMENT Ashton AP TAEKWONDO ACADEMY	GBR	5.75	3.69	2.07
12	59	ACKERMAN Jamie Unite Formby	ENG	5.70	3.69	2.02
13	229	SHAHID Shoaib Yamang Taekwondo	GBR	5.62	3.64	1.99
14	16	RANIS Nathaniel Bozdag Taekwondo	ENG	5.59	3.65	1.94
15	103	KITSON James Fighting Fit Taekwondo Wales	GBR	5.55	3.60	1.95
16	179	LLERA-JONES Felix Putney Taekwondo Club	GBR	5.45	3.55	1.90

Poomsae individual

British National Poomsae Championships 2023 DAN Grades

Category **Ind Under 30 Male-A**
Competitors **20**
Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	18	SOSIN Ethan Cambridge University Taekwondo	ENG	5.42	3.47	1.95
18	164	PEARSON Matthew Phoenix Taekwondo	GBR	5.33	3.50	1.83
19	216	JONES Josua Warrior Taekwondo	GBR	4.49	2.97	1.52

Category **Ind Under 30 Male-A**
 Competitors **20**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	230	ONTOY Nino Manx Taekwondo	IMN	7.11	4.23	2.88
2	131	AKINRELE Oluwatimilehin Nomad Taekwondo	GBR	6.83	4.10	2.73
3	73	BARRETT James Arumchan Korea	GBR	6.44	3.97	2.47
4	74	GANIR Vergil Arumchan Korea	GBR	6.33	3.85	2.48
5	81	WILSON Corey Blade Taekwondo GBR	GBR	6.15	3.80	2.35
6	89	AHNSTROM Tom Dorset TKD	GBR	6.12	3.75	2.37
7	106	WHITE Ryan Fighting Fit Taekwondo Wales	GBR	5.79	3.70	2.09
8	163	PEARSON James Phoenix Taekwondo	GBR	3.82	2.64	1.19

Category **Ind Under 30 Female-A**
 Competitors **24**
 Class **A**

1

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	63	WILSON Natasha Central Taekwondo Academy	SCO	7.45	4.29	3.17
2	70	INGRAM Georgina Aquila Taekwondo	GBR	7.14	4.19	2.95
3	184	RIVERA Xaphrine Quest Taekwondo Hull	GBR	6.82	4.09	2.74
4	19	XU Lucy Cambridge University Taekwondo	ENG	6.82	4.04	2.79
5	64	COULL Cara FOCUS TKD	SCO	6.67	3.95	2.72
6	71	PORCU Bianca Aquila Taekwondo	GBR	6.59	3.87	2.72
7	95	NARAIN Jemma Dorset TKD	GBR	6.59	3.80	2.79
8	173	MCINTOSH Chloe Premierki Taekwondo Club	GBR	6.56	3.88	2.68
9	228	FRECHTER Noam Yamang Taekwondo	GBR	6.43	3.85	2.58
10	170	BIESCAS RUE Francesca Premierki Taekwondo Club	GBR	6.38	3.82	2.57
11	121	VAUGHAN Katie JEM Taekwondo	GBR	6.36	3.73	2.63
12	102	KING Alice Fighting Fit Taekwondo Wales	GBR	6.29	3.84	2.45
13	79	LEE Siew Kim Aspire Taekwondo	GBR	6.28	3.72	2.57
14	177	VAFIADIS Kristi Premierki Taekwondo Club	GBR	6.07	3.65	2.42
15	158	MCKECHNIE Eva Pejic Taekwondo	GBR	6.07	3.59	2.48
16	98	WOODLAND Angailika Dorset TKD	GBR	6.00	3.70	2.30

Category **Ind Under 30 Female-A**
 Competitors **24**
 Class **A**

1

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	219	MORGAN Bethany Warrior Taekwondo	GBR	5.75	3.38	2.37
18	17	SNAPE Liana Cambridge University Taekwondo	ENG	5.53	3.32	2.22
19	182	BATEMAN Charlotte Quest Taekwondo Hull	GBR	5.34	3.37	1.97
20	212	WATKINSON Katy Unite Martial Arts Academy	GBR	5.29	3.25	2.04
21	8	REILLY Sian Bluewave Korean Martial Arts	ENG	5.25	3.24	2.02
22	119	PRICE Anya Horizon Taekwondo Academy	GBR	4.95	3.13	1.82
23	4	CAITLIN Macdonald Bluewave Korean Martial Arts	ENG	4.95	3.07	1.89

Category **Ind Under 30 Female-A**
 Competitors **24**
 Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	63	WILSON Natasha Central Taekwondo Academy	SCO	7.32	4.22	3.10
2	184	RIVERA Xaphrine Quest Taekwondo Hull	GBR	7.07	4.15	2.92
3	71	PORCU Bianca Aquila Taekwondo	GBR	6.94	3.99	2.95
4	70	INGRAM Georgina Aquila Taekwondo	GBR	6.84	4.05	2.79
5	64	COULL Cara FOCUS TKD	SCO	6.82	3.95	2.87
6	173	MCINTOSH Chloe Premierki Taekwondo Club	GBR	6.72	3.92	2.80
7	95	NARAIN Jemma Dorset TKD	GBR	6.64	3.89	2.75
8	170	BIESCAS RUE Francesca Premierki Taekwondo Club	GBR	6.47	3.80	2.67
9	228	FRECHTER Noam Yamang Taekwondo	GBR	6.45	3.80	2.65
10	19	XU Lucy Cambridge University Taekwondo	ENG	6.41	3.84	2.57
11	121	VAUGHAN Katie JEM Taekwondo	GBR	6.37	3.80	2.57
12	102	KING Alice Fighting Fit Taekwondo Wales	GBR	5.57	3.45	2.12

Category **Ind Under 30 Female-A**
 Competitors **24**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	63	WILSON Natasha Central Taekwondo Academy	SCO	7.55	4.34	3.22
2	71	PORCU Bianca Aquila Taekwondo	GBR	7.35	4.27	3.09
3	70	INGRAM Georgina Aquila Taekwondo	GBR	7.30	4.27	3.04
4	184	RIVERA Xaphrine Quest Taekwondo Hull	GBR	6.97	4.15	2.82
5	173	MCINTOSH Chloe Premierki Taekwondo Club	GBR	6.80	4.00	2.80
6	64	COULL Cara FOCUS TKD	SCO	6.77	4.00	2.77
7	95	NARAIN Jemma Dorset TKD	GBR	6.62	3.93	2.69
8	170	BIESCAS RUE Francesca Premierki Taekwondo Club	GBR	6.25	3.80	2.45

Category **Ind Under 40 Male-A**
 Competitors **9**
 Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	68	SABERI Reza Ali's Dojang	GBR	6.64	3.95	2.69
2	48	RAWAT Ajay Singh London Taekwondo Academy	ENG	6.62	4.00	2.62
3	13	JEAN CHARLES Richard Bozdag Taekwondo	ENG	6.00	3.65	2.35
4	110	DONLEY Adam GAJOK Taekwondo Academy	GBR	5.98	3.60	2.38
5	192	GURUNG Deepak Stkdd	GBR	5.65	3.50	2.15
6	32	BAHRAMI Basir London Taekwondo Academy	ENG	5.47	3.27	2.20
7	88	S R KENARI Sina Ramezan Choson - Taekwondo Cymru	GBR	4.94	2.99	1.95
8	161	OCKWELL Trevor Phoenix Taekwondo	GBR	4.48	2.85	1.63
9	6	PAYNE Corey Bluewave Korean Martial Arts	ENG	4.24	2.75	1.49

Category **Ind Under 40 Male-A**
 Competitors **9**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	68	SABERI Reza Ali's Dojang	GBR	6.85	4.07	2.78
2	48	RAWAT Ajay Singh London Taekwondo Academy	ENG	6.62	3.92	2.70
3	13	JEAN CHARLES Richard Bozdag Taekwondo	ENG	6.13	3.63	2.50
4	192	GURUNG Deepak Stkdd	GBR	5.85	3.54	2.32
5	110	DONLEY Adam GAJOK Taekwondo Academy	GBR	5.80	3.50	2.30
6	88	S R KENARI Sina Ramezan Choson - Taekwondo Cymru	GBR	5.39	3.24	2.15
7	32	BAHRAMI Basir London Taekwondo Academy	ENG	5.00	3.17	1.83
8	161	OCKWELL Trevor Phoenix Taekwondo	GBR	4.50	2.80	1.70

Category **Ind Under 40 Female-A**
 Competitors **10**
 Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	72	AU-YEUNG Sheena Arumchan Korea	GBR	6.94	4.07	2.87
2	87	KANAFCHIAN Maryam Choson - Taekwondo Cymru	GBR	6.71	3.97	2.74
3	23	HOLDEN Sophie Kang Han Taekwondo	ENG	6.63	3.92	2.72
4	20	BARBER Nicola Kang Han Taekwondo	ENG	6.27	3.70	2.57
5	143	POPLETT Cathy Nomad Taekwondo	GBR	6.15	3.72	2.43
6	140	LI Muqi Nomad Taekwondo	GBR	5.95	3.58	2.37
7	7	REILLY Coleen Bluewave Korean Martial Arts	ENG	5.94	3.55	2.39
8	151	LI Xin NTC	GBR	5.94	3.55	2.39
9	39	HAMIDI Ramzia London Taekwondo Academy	ENG	5.62	3.40	2.22
10	222	BROWNING-MARTIN Leanne Waterside Taekwondo Club	GBR	4.95	3.14	1.82

Category **Ind Under 40 Female-A**
 Competitors **10**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	72	AU-YEUNG Sheena Arumchan Korea	GBR	6.60	3.90	2.70
2	87	KANAFCHIAN Maryam Choson - Taekwondo Cymru	GBR	6.58	3.92	2.67
3	23	HOLDEN Sophie Kang Han Taekwondo	ENG	6.49	3.84	2.65
4	143	POPLETT Cathy Nomad Taekwondo	GBR	6.30	3.75	2.55
5	140	LI Muqi Nomad Taekwondo	GBR	6.04	3.65	2.39
6	20	BARBER Nicola Kang Han Taekwondo	ENG	6.03	3.58	2.45
7	151	LI Xin NTC	GBR	5.73	3.53	2.20
8	7	REILLY Coleen Bluewave Korean Martial Arts	ENG	5.52	3.45	2.07

Category **Ind Under 50 Male-A**
 Competitors **10**
 Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	128	SAU Chan Loughton Taekwondo	GBR	7.00	4.05	2.95
2	223	CASACLANG Winston Win Taekwondo Academy	GBR	6.72	4.00	2.72
3	200	KIM David Tuji Taekwondo	GBR	6.37	3.77	2.60
4	94	NARAINÉ Darren Dorset TKD	GBR	5.92	3.60	2.32
5	46	QOREISHI Abdul Hamid London Taekwondo Academy	ENG	5.85	3.55	2.30
6	187	MAMAT Kasturi Shins Academy	GBR	5.76	3.39	2.37
7	3	OBIORAH Martins Best Leg Taekwondo Academy	ENG	5.68	3.40	2.28
8	188	MOHAMMED Anwar Shins Academy	GBR	5.64	3.39	2.25
9	43	KOHISTANI Waseh London Taekwondo Academy	ENG	5.55	3.52	2.03

Category **Ind Under 50 Male-A**
 Competitors **10**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	128	SAU Chan Loughton Taekwondo	GBR	6.92	4.03	2.89
2	223	CASACLANG Winston Win Taekwondo Academy	GBR	6.42	3.72	2.70
3	3	OBIORAH Martins Best Leg Taekwondo Academy	ENG	6.30	3.68	2.62
4	200	KIM David Tuji Taekwondo	GBR	6.25	3.59	2.67
5	187	MAMAT Kasturi Shins Academy	GBR	6.07	3.55	2.52
6	94	NARAIN Darren Dorset TKD	GBR	6.01	3.52	2.49
7	188	MOHAMMED Anwar Shins Academy	GBR	5.84	3.49	2.35
8	46	QOREISHI Abdul Hamid London Taekwondo Academy	ENG	5.84	3.42	2.42

Category **Ind Under 50 Female-A**
 Competitors **10**
 Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	172	LI Wenqi Premierki Taekwondo Club	GBR	6.95	4.00	2.95
2	75	TAN Ling Tze Arumchan Korea	GBR	6.45	3.75	2.70
3	155	WILLIAMS Juliet NTC	GBR	6.43	3.72	2.72
4	25	MUZEJA Laura Kang Han Taekwondo	ENG	6.42	3.70	2.72
5	199	HUGHES Kamila Tuji Taekwondo	GBR	6.40	3.70	2.70
6	118	JEFFREY Lyndzie Granite City Taekwondo	GBR	6.29	3.70	2.59
7	62	SMYTH Paula Central Taekwondo Academy	SCO	6.02	3.55	2.47
8	129	WALSH-BAJEROVA Hana Loughton Taekwondo	GBR	6.02	3.55	2.47
9	91	JAEGER-COLLINS Karla Dorset TKD	GBR	5.55	3.37	2.18

Category **Ind Under 50 Female-A**
 Competitors **10**
 Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	172	LI Wenqi Premierki Taekwondo Club	GBR	6.90	4.05	2.85
2	75	TAN Ling Tze Arumchan Korea	GBR	6.76	3.93	2.83
3	25	MUZEJA Laura Kang Han Taekwondo	ENG	6.39	3.77	2.62
4	199	HUGHES Kamila Tuji Taekwondo	GBR	6.35	3.75	2.60
5	118	JEFFREY Lyndzie Granite City Taekwondo	GBR	6.23	3.72	2.52
6	155	WILLIAMS Juliet NTC	GBR	6.18	3.67	2.52
7	129	WALSH-BAJEROVA Hana Loughton Taekwondo	GBR	5.80	3.50	2.30
8	62	SMYTH Paula Central Taekwondo Academy	SCO	5.55	3.43	2.12

Category **Ind Under 60 Male-A**
 Competitors **9**
 Class **A**

2

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	86	NEWBY Simon Boston	GBR	6.07	3.64	2.44
2	189	NICKLIN Wayne Shins Academy	GBR	5.83	3.53	2.30
3	162	PAINE Jon Phoenix Taekwondo	GBR	5.67	3.45	2.22
4	56	PAWLETT Mark Sanshin	ENG	5.52	3.37	2.15
5	156	WILLIAMS Stuart NTC	GBR	5.51	3.32	2.19
6	217	JONES Simon Warrior Taekwondo	GBR	5.39	3.32	2.07
7	51	SALEK Jalil Ahmad London Taekwondo Academy	ENG	5.12	3.25	1.87
8	123	MICHAEL Raymond LLTKD	GBR	5.10	3.20	1.90
9	104	MCDONALD Rob Fighting Fit Taekwondo Wales	GBR	5.00	3.22	1.78

Category **Ind Under 60 Male-A**
Competitors **9**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	86	NEWBY Simon Boston	GBR	6.30	3.79	2.52
2	189	NICKLIN Wayne Shins Academy	GBR	6.27	3.72	2.55
3	56	PAWLETT Mark Sanshin	ENG	6.08	3.62	2.47
4	51	SALEK Jalil Ahmad London Taekwondo Academy	ENG	6.07	3.69	2.39
5	123	MICHAEL Raymond LLTKD	GBR	5.73	3.45	2.28
6	156	WILLIAMS Stuart NTC	GBR	5.22	3.32	1.90
7	162	PAINE Jon Phoenix Taekwondo	GBR	4.80	3.20	1.60

Category **Ind Under 60 Female-A**
Competitors **5**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	209	PIERI Maria UK Martial Arts&Fitness Academy	GBR	6.24	3.69	2.55
2	166	PEARSON Eunmi Phoenix Taekwondo	GBR	6.06	3.62	2.44
3	77	FITZPATRICK Gillian Aspire Taekwondo	GBR	5.91	3.53	2.38
4	204	WATANABE Yoko Tuji Taekwondo	GBR	5.55	3.40	2.15
5	108	HILL Karen Focus Taekwondo	GBR	5.52	3.37	2.15

Category **Ind Under 65 Male-A**
Competitors **3**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	9	REILLY Gerry Bluewave Korean Martial Arts	ENG	6.12	3.52	2.60
2	214	WATKINSON(FAM) Russell Unite Martial Arts Academy	GBR	5.45	3.30	2.15
3	153	WALKER Ian NTC	GBR	5.15	3.17	1.98

Poomsae individual

British National Poomsae Championships 2023 DAN Grades

Category **Ind Under 65 Female-A**
Competitors **2**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	93	MALAFFO Marina Dorset TKD	GBR	6.00	3.55	2.45
2	5	FIRTH Lynne Bluewave Korean Martial Arts	ENG	4.02	2.67	1.35

Category **Ind Under 70 Male-A**
Competitors **3**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	174	POURTAHERI Ali Premierki Taekwondo Club	GBR	6.89	4.00	2.89
2	193	JOHNSON Peter Stoke UTA Taekwondo	GBR	6.60	3.84	2.77
3	107	LARKIN Colin Fighting Spirit Taekwondo	GBR	6.37	3.77	2.60

Poomsae individual

British National Poomsae Championships 2023 DAN Grades

Category **Ind Under 70 Female-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	221	BROWN Gini Waterside Taekwondo Club	GBR	4.88	3.12	1.77

Category **Ind Over 71 Male-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	159	PEJIC Mike Pejic Taekwondo	GBR	6.38	3.78	2.60

Category **Ind Over 71 Female-A**
Competitors **1**
Class **A**

3

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	78	FURNESS Jenny Aspire Taekwondo	GBR	5.41	3.34	2.07